

GYMNASTICS PROGRAM

Dear members, we would like to inform you that the Gymnastics classes for the period **2021-2022** will start on **13/9/2021**, as follows:

- **MONDAY** **10.00 - 11.00** and **17.00 - 18.00**
- **WEDNESDAY** **10.00 - 11.00** and **18.00 - 19.00**
- **FRIDAY** **10.00 - 11.00** and **17.00 - 18.00**

For new participations, **register at the Secretariat of O.A.A.** stating which department you are interested in (**MORNING** or **AFTERNOON**) and leaving contact details (**mobile number, e-mail**). These are necessary so that the trainer can inform you in any case of program change.

For your participation in the Gymnastics classes, a **Medical Certificate** from a **Cardiologist** or **Pathologist** is required. Only those who present it will be admitted to the course.

The courses will also be broadcast online via the Skype platform. You will need to have an active Skype account.

Please contact the coach of the Club, Mr. **Moraitis Orestis** at tel. **6974937980** (**contact hours 12.00-14.00**) for any information.

From the Secretariat